

WEEKLY MENU

The Lanced Chef

Chef quality, delivered.

*Chef quality-meals delivered to home or office.
Multi-day and group pricing and plans available.*

***\$20.00 meals, no delivery charge within
Springdale, Fayetteville, Rogers, &
Bentonville.***

***Meals vacuum-sealed in microwavable,
100% recyclable, compostable containers.***

***Vegan, Vegetarian, Gluten-free, Dairy-
free customization available, no
additional cost.***

∞ *GRILLED CITRUS SALMON.* Grilled Atlantic salmon topped with California style citrus sauce. Served with roasted chic peas and grilled pepper. \$20.00 delivered. Includes cutlery.

∞ *CHIUCKEN, TATTIES, & BEETS.* Tender herb marinated chicken breast, grilled to perfection, complemented with crumbled blue cheese. Served with grilled golden potato & smoky sliced beets. - \$20.00 delivered. Includes cutlery.

∞ *SOUTHWESTERN DAGWOOD.* Tender grilled chicken topped with a zesty southwestern style slaw & served on a grilled ciabatta roll. Complimented with a cooling Cilantro and black bean salad. - \$20.00 delivered. Includes cutlery.

∞ *GRILLED STEAK ASIAN WRAP.* Tender sesame marinated steak complemented with bean sprouts, slivered carrots, baby corn and water chestnut. Wrapped in a grilled tortilla and served with Asian chicken noodle soup. . - \$20.00 delivered. Includes cutlery.

∞ *CHIPOLTLE CHICKEN.* Tender marinated chicken breast, topped with zesty chipotle salad. Served on grilled brioche with a side of fresh honey drizzled fruit- \$20.00 delivered. Includes cutlery.

*Place orders for the coming week by Friday at 9 P.M.
Call 1-941-320-6266 or e-mail Lance@lancedchef.com*